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PACIFIC COAST STORM

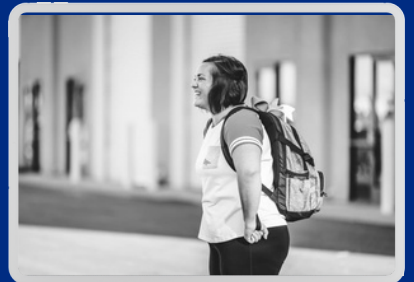


WELCOME

TO OUR

2023-2024

SEASON



COMPETITIVE CHEER•TUMBLING CLASSES•PRIVATE LESSONS

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Email Sdeesettlemaior@gmail.com. Website: pacificcoaststormcheer.com

BENEFITS OF PACIFIC COAST STORM CHEERLEADING

SEASON 1 IS HERE !

Welcome to Pacific Coast Storm Cheerleading! We are beyond thrilled to announce our very first season as a non-affiliated competitive cheer team. Our home gym is located in the heart of the California valley in the city of Ripon. Our mission is to provide a supportive and empowering environment for athletes who are passionate about cheerleading.

In our inaugural year of competition, our cheerleading teams will be comprised of two levels: Level 1 and Level 2. This allows us to cater to a range of skill levels and provide appropriate training and development opportunities for our athletes. Our dedicated coaching staff is committed to helping each individual grow and excel in their cheerleading journey.

As we progress in the coming seasons, our plans are to expand into further levels and divisions. This expansion will provide our athletes with new challenges and opportunities for growth, ensuring that they continue to push their boundaries and achieve their full potential.

At Pacific Coast Storm Cheerleading, we prioritize teamwork, sportsmanship, and a positive competitive spirit. Our goal is not only to achieve success on the competition floor but also to foster lifelong friendships and a love for the sport. We believe in supporting each other both on and off the mat, creating a tight-knit cheer family that supports and uplifts one another.

If you're interested in joining our team or learning more about Pacific Coast Storm Cheerleading, please feel free to explore our website or contact us directly. We can't wait to welcome you to our cheer family and embark on an exciting journey together



TEAM EVALUATIONS

WHAT TO EXPECT?

Our team evaluations are designed to assess each athlete's skills, abilities, and potential. The evaluation process may involve a combination of skill demonstrations, including tumbling, jumps, and motions as well as an interview question. Our goal is to ensure that athletes are placed in the appropriate level that aligns with their current abilities and provides opportunities for growth.

INTERESTED IN A PRIVATE TRYOUT?

Private tryouts are \$40 each and will be available July 24th- August 6th. For more details, please email sdeesettlemoir@gmail.com or contact us on our website.

VIDEO TRYOUT

Video submissions are \$30 each and will be available July 24th-August 6th.

- Send an email to sdeesettlemoir@gmail.com
- Include athletes full name in the subject line.
- Write a short introduction including 2-3 things about yourself.
- Include a video of all skills including:
 - Tumbling (Forward/back roll, cartwheel, roundoff, front/back walkover, back handspring, etc.)
 - Jumps (toe touch and pike)
 - 8- count of motion technique (high/low v, T, Right/ Left punch, starburst, etc.)

*TEAM ANNOUNCEMENT EMAIL INCLUDES:

- Team, practice schedules, updates!
- Names of coaches and who to contact
- Website information
- What to wear!

TEAM PLACEMENTS

Following the evaluations, athletes will be placed into appropriate teams based on their skill level and potential. We aim to create teams that foster a positive and supportive environment, where athletes can learn from one another and work together towards their goals.

At Pacific Coast Storm Cheerleading, we are dedicated to providing a safe and inclusive space for athletes to develop their skills, build confidence, and form lasting friendships. Our experienced coaching staff will guide and mentor athletes throughout their cheerleading journey, helping them reach new heights both individually and as a team.

TEAM EVALUATION DATES

The dates and times for Team Evaluations are listed below. Athletes must attend only one day. There is a \$20 fee for Team Placements.

July 31st

Ages 9-12 3:30 -4:30 PM

Ages 6-8 4:30 -5:30PM

August 1st

Ages 6-8 3:30 -4:30 PM

Ages 9-12 4:30 -5:30PM

August 2nd

Ages 13-16 4:30 - 5:30PM

August 3rd

Ages 6-8 3:30-4:30PM

Ages 9+ 4:30-5:30PM

August 7th

TEAM ANNOUNCEMENTS!

*Via Email

August 9th

SEASON BEGINS!!

Email

Sdeesettlemoir@gmail.com

SAVE THE DATES AND PROGRAM COST



July 31 - August 3:
Evaluations & Team Placements

TBD September:
Uniform Fittings

November 20 - 24:
Thanksgiving Holiday*

December 9:
Union City, Ca
USA Recreational Nor Cal Regionals

December 18 - 31:
Holiday Closure*

Jan 6 2024:
Antioch, Ca
USA Nor Cal Regionals

Feb 26 - March 4:
Closed for Coaches Training & Event

March 16:
UC Davis
Cheer Sport NorCal Classic

March 25- April 5:
Spring Break*

May 11th
Pinnacle Cheerleading Championships
Orleans Arena
Las Vegas, Nevada

May 2024 Season Ends

*Gym and all communications will be shut down during holiday closures to allow quiet time with families and loved ones.

PREP CHEER

Traveling Teams

Novice Level 1 & Junior Level 2

Practices:

2 Practices Per week

Your Investment

Monthly Gym Fees \$185 per month
August 2023-May 2024

*\$20 sibling discount on monthly gym fees.

Program Fees

Fees Include: Competition Registration, Music, Coaching, Choreography, Custom Sports Bra & t-shirt .
\$800

Payment Schedule

5 Payments of \$160

Due Dates: September 10th, October 1st,
November 1st, December 1st, January 1st

Uniforms, Shoes and Bows

Pricing TBD

Swag gear will be offered Mid Season

Program uniform will remain the same for a minimum of 2 seasons.

Each family is responsible for their own travels expenses such as hotel, air, travel, food.